

Cindy Sprenger, OTR/L

Professional Summary

Occupational Therapist in Private Practice, 2002 - Present

I have been a licensed Occupational Therapist since 1998 and have over twenty years of combined experience as a healthcare professional. Since 2002, with the assistance of my husband Jon, I have owned and operated a successful independent private practice specializing in pediatric occupational therapy, though I also treat adult and elderly patients. My work has meaningfully changed the lives of many children and their families. Starting in March 2010, I began studying a therapeutic technique known as the Masgutova Neurosensorimotor Reflex Integration (MNRI®) Method, learning primarily from the originator, Dr. Svetlana Masgutova, PhD. Her method works to integrate and repattern our primary reflexes, improving neurologic function and opening new pathways for cognitive, behavioral and physical development. I extensively utilize this method in my treatment approach with profound results that have been truly life changing for me, my patients and their families.

Continuing Education & Certifications

- **Masgutova Neurosensorimotor Reflex Integration (MNRI®) Method Course Work**
 - **IPET Repatterning & Integration Level 2**
April 5-8, 2013 – Dr. Svetlana Masgutova – Orlando, Florida
 - **Master's Level 2**
January 11-15, 2013 – Dr. Svetlana Masgutova – Orlando, Florida
 - **IPET Repatterning & Integration Level 1**
November 9-12, 2012 – Dr. Svetlana Masgutova – Minneapolis, Minnesota
 - **Breathing Reflexes - Restoration & Integration**
August 3-5, 2012 – Dr. Svetlana Masgutova – Orlando, Florida
 - **Facial Reflex Integration Level 2**
March 26-28, 2012 – Dr. Svetlana Masgutova – Guelph, Ontario, Canada
 - **Neuro-Structural Reflex Integration**
January 10-13, 2012 – Dr. Svetlana Masgutova – Orlando, Florida
 - **Facial Reflex Integration Level 1**
November 12-14, 2011 – Dr. Svetlana Masgutova – Grayslake, Illinois
 - **Proprioceptive and Cognitive Integration**
August 27-29, 2011 – Dr. Svetlana Masgutova – San Ramon, California
 - **Visual and Auditory Reflexes Integration**
March 25-27, 2011 – Dr. Svetlana Masgutova – Bethesda, Maryland
 - **Dysfunctional and Pathological Reflex Integration**
February 3-5, 2011 – Dr. Svetlana Masgutova – San Mateo, California
 - **Archetype Movement Integration**
August 29-31, 2010 – Dr. Svetlana Masgutova – Fort Lauderdale, Florida
 - **Tactile Integration**
May 7-8, 2010 – Pamela Curlee – Denver, Colorado
 - **Children with Challenges**
March 15-18, 2010 – Dr. Svetlana Masgutova – Oldsmar, Florida

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Continuing Education & Certifications (continued)

- **Masgutova Neurosensorimotor Reflex Integration (MNRI®) Method Conferences**
 - **5-day Family Educational Conference - Tactile therapist**
June 27-July 3, 2012 – Dr. Svetlana Masgutova – West Palm Beach, Florida
 - **8-day Family Educational Conference - Assessment recorder & Tactile therapist**
February 14-24, 2012 – Dr. Svetlana Masgutova – San Mateo, California
 - **5-day Family Educational Conference - Assessment recorder & therapy assistant**
January 22-28, 2012 – Dr. Svetlana Masgutova – Orlando, Florida
 - **Family Educational Conference – Family’s consulting therapist**
July 6-11, 2010 – Dr. Svetlana Masgutova – St. Petersburg, Florida
- **AOTA Member - NBCOT certified - State of Florida Occupational Therapist License OT8800**
- **2012 Developmental Interventions in Neonatal Care Conference – Orlando, Florida**
- **TOPSEI (Neonatal Intervention) training from the University of Florida**
- **Extensive training in Sensory Integration methods including SIPT course work**
- **DIR®/Floortime™ ABLC (Affect-Based Language Curriculum) course work**
- **Interactive Metronome® & Therapeutic Listening® certified provider**
- **Beckman oral motor techniques & feeding course work**

Academic Degrees

Bachelor of Science in Occupational Therapy

Barry University, Miami Shores, Florida

- Graduated Suma Cum Laude, September 1998
- Cumulative Grade Point Average: 4.0 on a scale of 4.0

Bachelor of Science in Therapeutic Recreation

University of Florida, Gainesville, Florida

- Graduated with Honors, May 1990
- Hall of Fame Award, College of Health and Human Performance’s highest honor

Professional Healthcare Experience

Occupational Therapist

- Blake Medical Center, Bradenton, Florida, Per Diem, 1998 – 2010
Practice Areas: Pediatrics, Rehab Unit, Sub-acute Unit and Acute Care
- Children’s Therapy Works, Sarasota, Florida, Independent Contractor, 1998 – 2002
Practice Area: Pediatrics
- Sarasota Memorial Hospital, Sarasota, Florida, Per Diem, August 1998 – May 2000
Practice Areas: Rehab Unit and Transitional Care Unit

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Professional Healthcare Experience (continued)

Therapeutic Recreation Specialist

- Blake Medical Center, Bradenton, Florida, Full-time, 1994 and Per Diem, 1998
Practice Areas: Rehab Unit and Brain Injury Team
- Sarasota Memorial Hospital, Sarasota, Florida, Per Diem, August 1998 – May 2000
Practice Areas: Rehab Unit and Transitional Care Unit

Aquatics Therapist

- Doctors Hospital, Sarasota Rehab Center, Sarasota, Florida, November 1994 - January 1998
Designed, organized and administered aquatic therapy program

Physical Therapy Aquatics & Nautilus Instructor

- Blake Medical Center, Bradenton, Florida, May 1990 – April 1994
Administered strength training and aquatic programs under therapists' direction

Healthcare Related Experience

Occupational Therapist Intern

- Blake Medical Center, Bradenton, Florida - Practice Areas: Rehab & Sub-acute Unit
- Children's Therapy Works, Sarasota, Florida - Practice Area: Pediatrics

Therapeutic Recreation Specialist Intern

- Mediplex Rehab, Bradenton, Florida, January 1990 - April 1990
In-patient brain injury rehabilitation

ACSM faculty member

- American College of Sports Medicine certification courses - 1993, 1994 and 1995

Teaching Assistant

- Howard Bishop Middle School, Physically Impaired Unit, Gainesville, Florida

Aerobics and Aquatics Exercise Program Instructor

- Bath & Racquet, All-American, Sarasota Health & Fitness Center, Sarasota, Florida
- AGH Center for Health & Fitness, Gainesville, Florida